



# SLEAFORD WHEELERS GO RIDE



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Go Ride News Issue 2

May / June 2017

Welcome to our second newsletter!  
In this newsletter you will find lots of information to keep you up to date with what is going on in your Go Ride Club. Don't forget to show this to your parents/carers so that they know what is going on too!

\*\*\*\*Summer Term Dates\*\*\*\*  
Tuesday 18th April - 11th July  
No Go Ride on 30th May (Half Term)  
Summer dates to be confirmed.

Go Ride Contacts  
Dennis Owen - 07783455932  
Julie Close - Club Welfare Officer  
01529 421265 or 07747500289  
Karen Durnin - Assistant Welfare Officer  
07845 122299 or 01529 660213

Well done to our fabulous team of Go Riders who took part in Sleaford Wheeler's Charity 10 mile Time Trial on Easter Saturday. Fantastic results all round. Melissa was awarded best junior female; Luke was the fastest juvenile and Amie was the second fastest juvenile female.

Our results:-

Tom 27.46  
Luke 27.55  
Seth 28.35  
Sam 31.51  
Amie 34.00  
Elise 34.08  
Abi 34.34  
Mia 36.42  
Daniel 42.12



Events in May & June  
**Barkston Heath Coaching and Racing** for all ages at Barkston Heath Airfield delivered by British Cycling qualified coaches on 3rd May; 17th May; 31st May, 14th June; 28th June. Registration at 6.15 pm.

**Boston Wheeler's Go Ride Racing** at Tattershall for any child on any bike. Entry on the night £5. 10th May, 24th May, 7th June, 21st June.

**Lincoln Criterium** Friday, 12th May  
Closed Circuit for all ages.

For more information or to enter online go to:  
[www.britishcycling.org.uk/events/details/161264/Lincoln-Criterium](http://www.britishcycling.org.uk/events/details/161264/Lincoln-Criterium)

Coming soon in July....a special Go Ride event in Wilsford....more details in our next newsletter!

The club website has links to membership forms, club activities, racing opportunities and much, much more....

[www.sleafordwheelers.co.uk](http://www.sleafordwheelers.co.uk)

A reminder from your coaches.....

Even though the evenings are getting warmer you still need to wear your gloves as they help to protect your hands if you fall off your bike!!

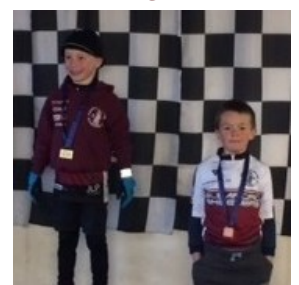
## Our new Points Scoring System.

Here's how you can win yourself some points:-

- 1 point for Tuesday Go Ride Attendance (includes Regional coaching sessions)
- 5 points for 1st place in a Go Ride Race
- 3 points for 2nd place in a Go Ride Race
- 2 points for 3rd place in a Go Ride Race
- 1 point for other placings
- 2 points for Coaches' Special Effort Award
- 5 points for Moving up a level award (Gears 1 & 2)
- 1 point for entering Club Events (over 12s)
- 3 points for personal bests (PBs)

## SWCC Go Riders at Tattershall

Medals for Orla, Thomas and Jacob at Tattershall Well Done!!!



[www.britishcycling.org.uk/go-ride](http://www.britishcycling.org.uk/go-ride)

